



Strider Bikes Bingo

Theme : **KINDNESS**

HOW IT WORKS

1. Download and print the Strider Bikes KINDNESS bingo card.
2. Place numbers 1 -24 randomly in each empty square of the Strider Bikes KINDNESS bingo card.
3. Each number has a correlating act of kindness.
4. Check Striders FB and Instagram stories every Monday, Wednesday, and Friday, beginning July 1st. We will “call out” one bingo number.
5. Find the correlating act of kindness, and do it together as a family. Then, put an X over that number on your Strider Bikes KINDNESS bingo card.
6. Keep playing until your family gets a BINGO!!
7. Share your family’s stories and progress with #becomingkind or on our social media platforms @striderbikes.

ACTS OF KINDNESS

1. Draw a picture or write a letter to a friend, neighbor, or family member.
2. Write encouraging messages or draw happy pictures with chalk on the sidewalk or driveway for the neighborhood to enjoy.
3. Pick flowers to give to your mom or dad or anybody!
4. Decorate your bike or just simply ride around your neighborhood sharing your smile, giggles, and “hellos” to strangers around you. Share the sunshine.
5. Smile and wave to people you pass while out on a ride. It might just make somebody’s day a little less lonely.
6. Feed the birds in your back garden with some bread crumbs or birdseed. This is a great time to be more appreciative of nature.
7. Collect and paint rocks with kind words or happy pictures and leave them out for others to find along the way. It’s always fun to find a special treasure.
8. Bake cookies or treats and deliver to your neighbors.
9. Write an encouraging message on a poster board and hang in your front window for people to see as they pass by.
10. Gather or buy canned and dry goods to donate to the local food bank.
11. Hug a family member for no reason but to share love.
12. Call a friend or relative and tell them a joke to make them laugh.
13. Wear rubber gloves and pick up litter in your local park or neighborhood.
14. Make a homemade gift for someone.
15. Collect old books that you no longer read and donate them to the library, a children’s center, or shelter.
16. Buy an extra bottle of hand sanitizer or soap and leave it for your neighbor.
17. Make a friendship bracelet and send it to a friend you miss.
18. Hide a few toys or Matchbox cars in the sand at the playground for another kid to play with.
19. Make a list of all the things that make you happy.
20. Write positive messages on Post-It Notes and place on mirrors or windows in your house.
21. Spend time taking extra care of your pet – feed them, brush them, walk them, clean up after them.
22. Have a dance party in your driveway.
23. Tape money for the ice cream truck or a special treat to a friend’s front door.
24. Help set the table for dinner.